Strengths of Australian Aboriginal cultural practices in family life and child rearing

A collective community focus
The concept of “one community, many eyes” helps children to:
> build trust and confidence in themselves and in others
> access support when they face challenges
> be safe

Autonomous play
Having the freedom to explore the world can empower children to:
> build independence
> learn responsibility
> make sound decisions

Spirituality
Helps children to cope with life by:
> connecting with others
> instilling positive values, such as caring and sharing
> improving physical, mental and spiritual wellbeing
> providing opportunities to heal from trauma

Respect for the elderly
Elderly family and community members help children to:
> learn their responsibilities
> understand who they are and where they come from
> keep the spirit of Aboriginal culture alive

SOURCE
Strengths of Australian Aboriginal cultural practices in family life and child rearing, CFCA
<www.aifs.gov.au/cfca>
DESIGN
Australian Institute of Family Studies
Australian Government
Australian Institute of Family Studies
Child Family Community Australia