Young people from refugee backgrounds have high levels of psychological distress.

31% of men and 37% of women aged 15–25 years at the time of settlement in Australia* have moderate to high levels of psychological distress.

This was much higher than the corresponding rates in the Australian population aged 16–25 years (5% of men and 12% of women).

*Participants settled in Australia in 2013 after being granted a permanent protection visa.