KUNGA

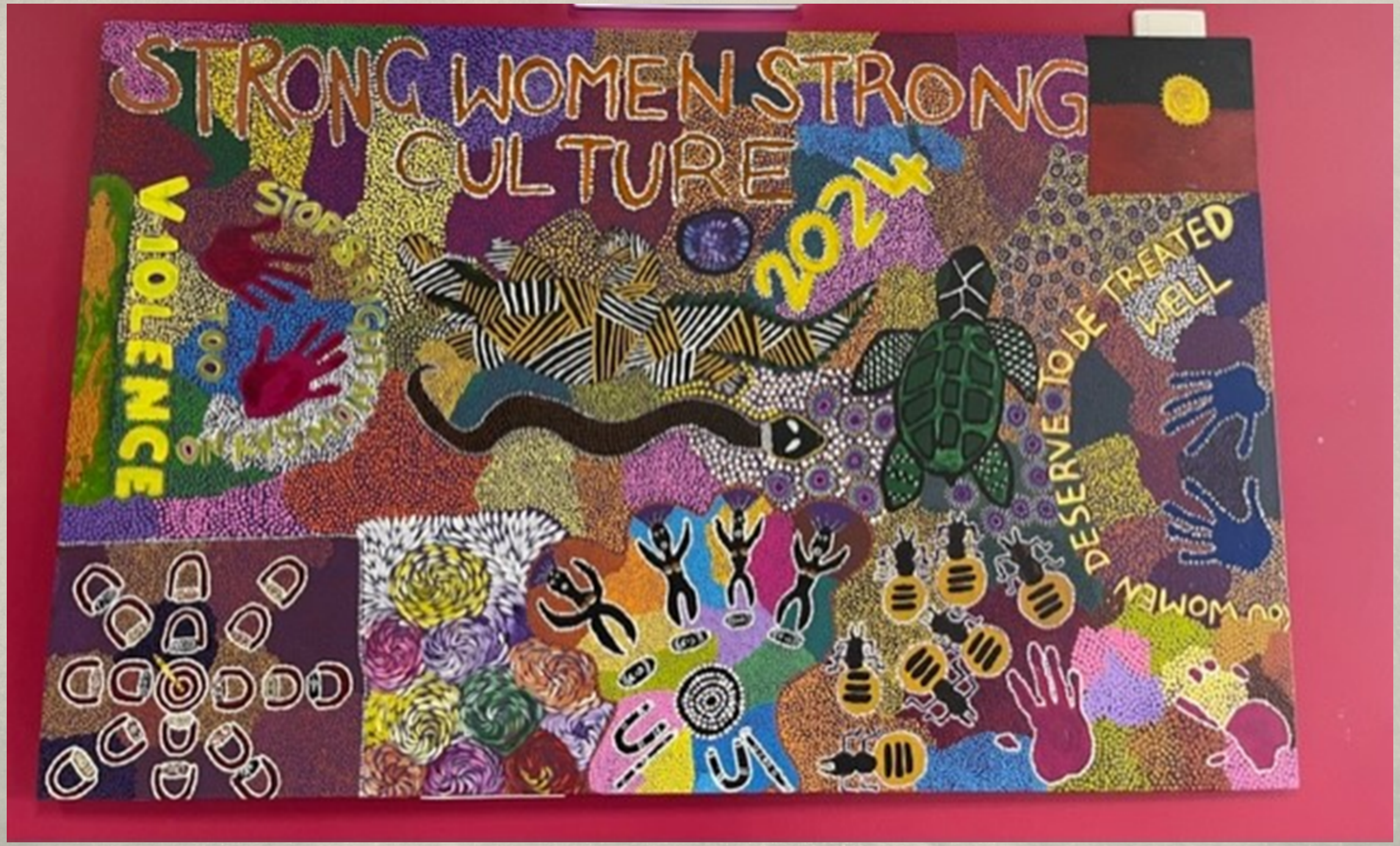
stopping violence program

North Australian Aboriginal Justice Agency Ltd

Standing in Strength and Survival: The Kunga Stopping Violence Progra Practice Framework



Australian Childhood Foundation


STRONG WOMEN STRONG CULTURE
2024
STOP VIOLENCE
DESERVE TO BE TREATED WELL

Kunga Stopping Violence Program

KUNGA
stopping violence program

North Australian Aboriginal Justice Agency Ltd

- A voluntary violence prevention program for Aboriginal women incarcerated in Alice Springs Correctional Centre.
- For women with a history of violent offending (and/or violent resistance)and those who have survived domestic violence.
- Utilises both an ‘educaring’ and a ‘throughcare’ model of case management and support.



Culturally Informed Trauma Integrated Healing Approach

we al-li®

- We Al-li provides a Culturally Informed Trauma Integrated Healing Approach (CITIHA)
- Developed by Professor Judy Atkinson the program is twenty days and covers themes of grief, loss, trauma, anger and shame and boundaries.
- The program is run twice a year, usually May and October.
- Referrals are obtained with NT Correctional Services based on women being:
  - First Nations
  - Have a history of violent offending/ violent resistance
  -Likely to be in custody for the duration of the program (can include those on remand)
  - Not have done the Kunga Program course in the least two years.



KUNGA stopping violence program
North Australian Aboriginal Justice Agency Ltd

Participant feedback

- “Half *of the things in this course I* didn’t *know before like lateral violence. It makes me want to slow my drinking for my son. I also loved the painting and drawing; it made me feel* proud.”
- “It’s *a good program, good to learn more. Grief and mourning was good to learn about, also hidden grief and loss. It was good to learn how to share our feelings every day. It was big learning how to process grief and pain. We came to prison feeling lonely for our kids.* It’s *sad in prison, but Kunga mob make me happy and helped me get over* it.”
- “It’s *good to be here and learn about domestic violence.* It’s *fun, we laugh together, but* it’s *also sometimes sad doing our life* map.”
- “I loved having the healers come in.”



Case Management

- When women have completed the 20-day Kunga Program they are now a ‘Kunga Client’.

-Upon release, KSVP continues to provide support for at least 2 years in the form of (but not limited to) home visits, referrals, social programs, a drop in space at the KSVP office and mentoring.

KUNGA
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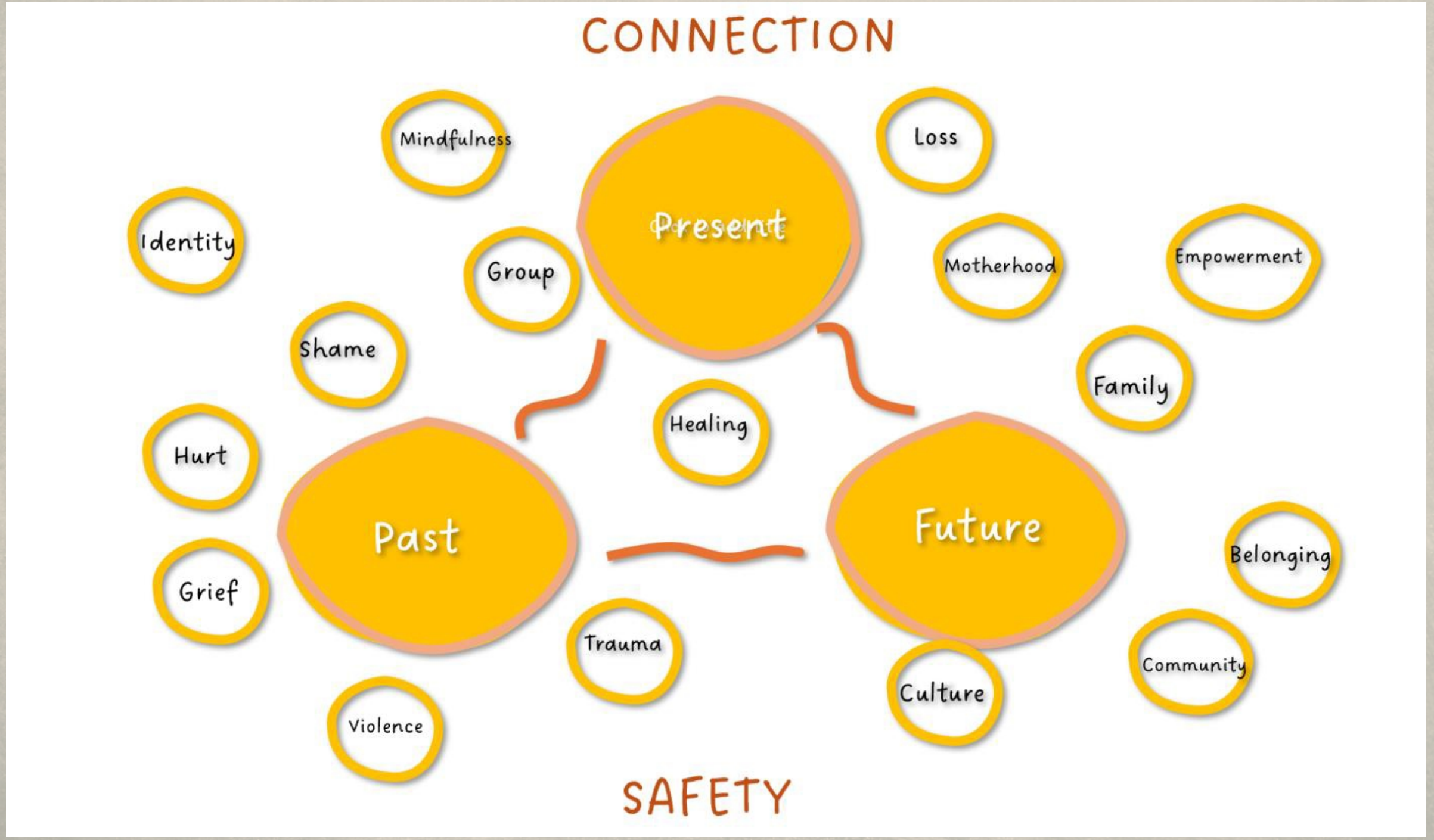
Underpinning Principles of the Kunga Program

- Culturally Based
- Trauma Specific
- Gender Responsive
- Feminist Informed
- Empowerment and Self-Determination
- Prioritising Safety
- Social Ecological Model
- Intersectionality
- Family, Community and Culture Inclusive
- Country and Place Responsive
- Throughcare
- Interagency Collaboration and Planning
- Addressing Lateral Violence
- Informed by abolitionist and restorative justice principles

By embedding these principles, the KSVP offers a transformative space where Aboriginal women can reconnect with identity, culture, and community, and reframe their experiences through a lens of strength, survival, and resistance.

Developing a Framework

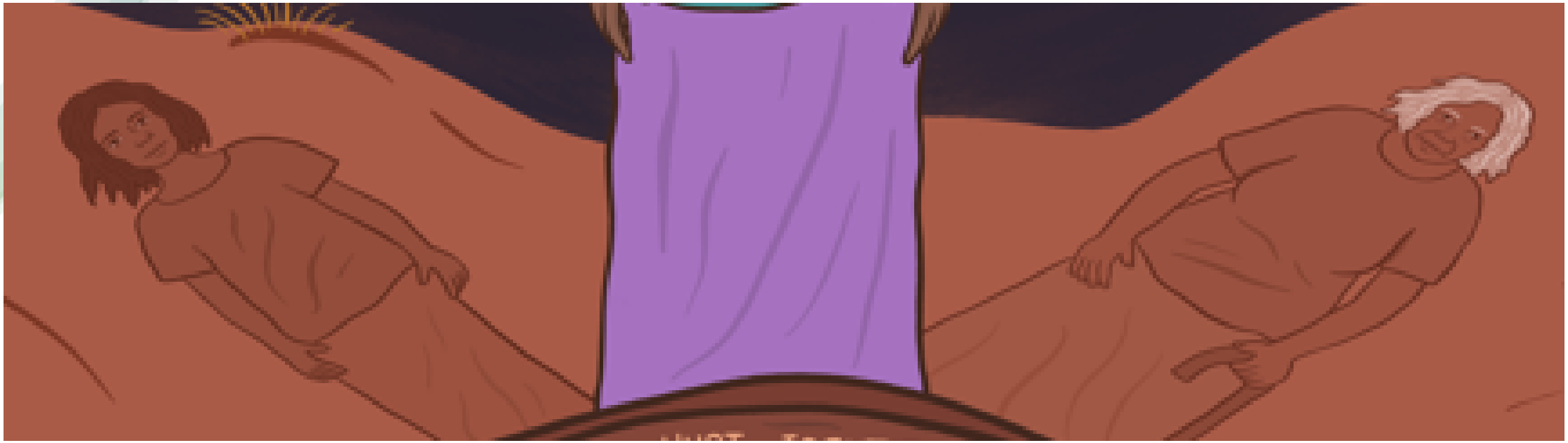



CONNECTION
Mindfulness
Loss
Identity
Present
Group
Motherhood
Empowerment
Shame
Family
Healing
Hurt
Past
Future
Belonging
Grief
Trauma
Community
Culture
Violence
SAFETY

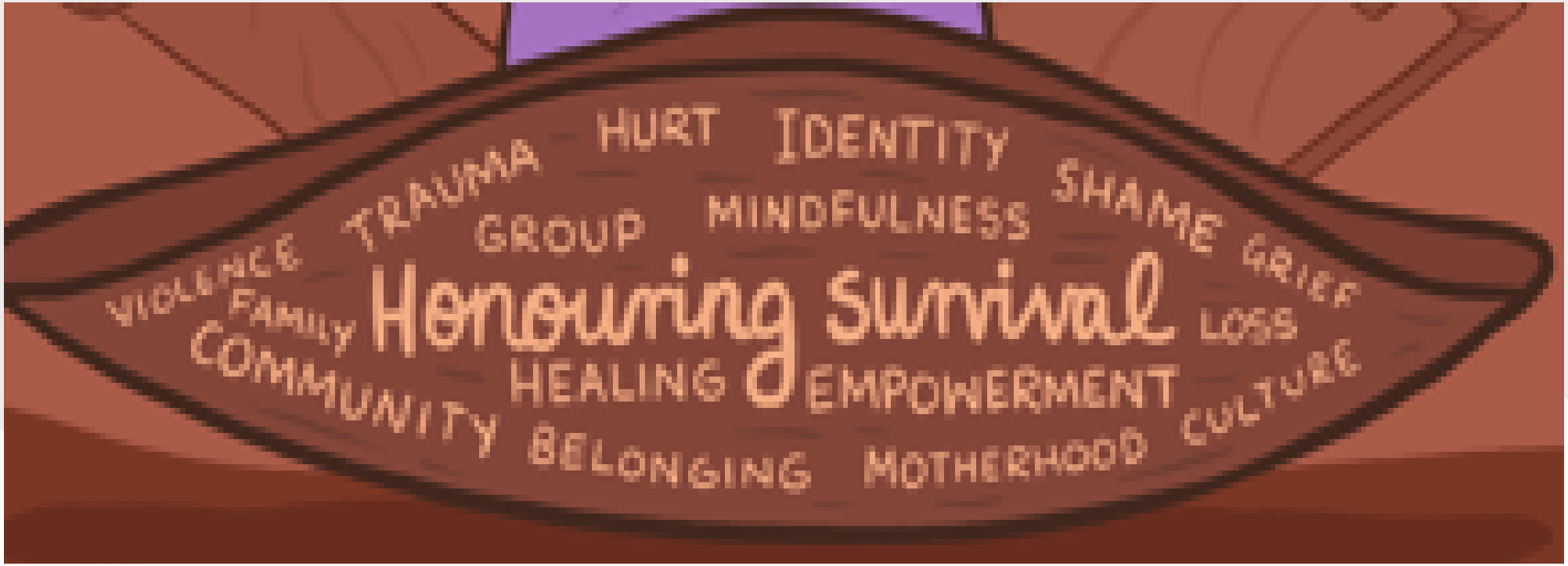

Honouring Survival
TRAUMA
HURT
IDENTITY
SHAME
GRIEF
GROUP
MINDFULNESS
VIOLENCE
FAMILY
LOSS
HEALING
EMPOWERMENT
COMMUNITY
BELONGING
MOTHERHOOD
CULTURE

Standing in Strength and Survival





Shadows - Holding the Past and the Future



Coolamon - Holding the Themes of Healing



Night Sky, Horizon and Country - Holding Culture, Time and Connection


Honouring Survival
TRAUMA
HURT
IDENTITY
SHAME
GRIEF
GROUP
MINDFULNESS
VIOLENCE
FAMILY
LOSS
HEALING
EMPOWERMENT
COMMUNITY
BELONGING
MOTHERHOOD
CULTURE

Thank you

