

ANROWS

AUSTRALIA'S NATIONAL RESEARCH
ORGANISATION FOR WOMEN'S SAFETY

to Reduce Violence against Women & their Children

Children's voices and codesign for policy and practice

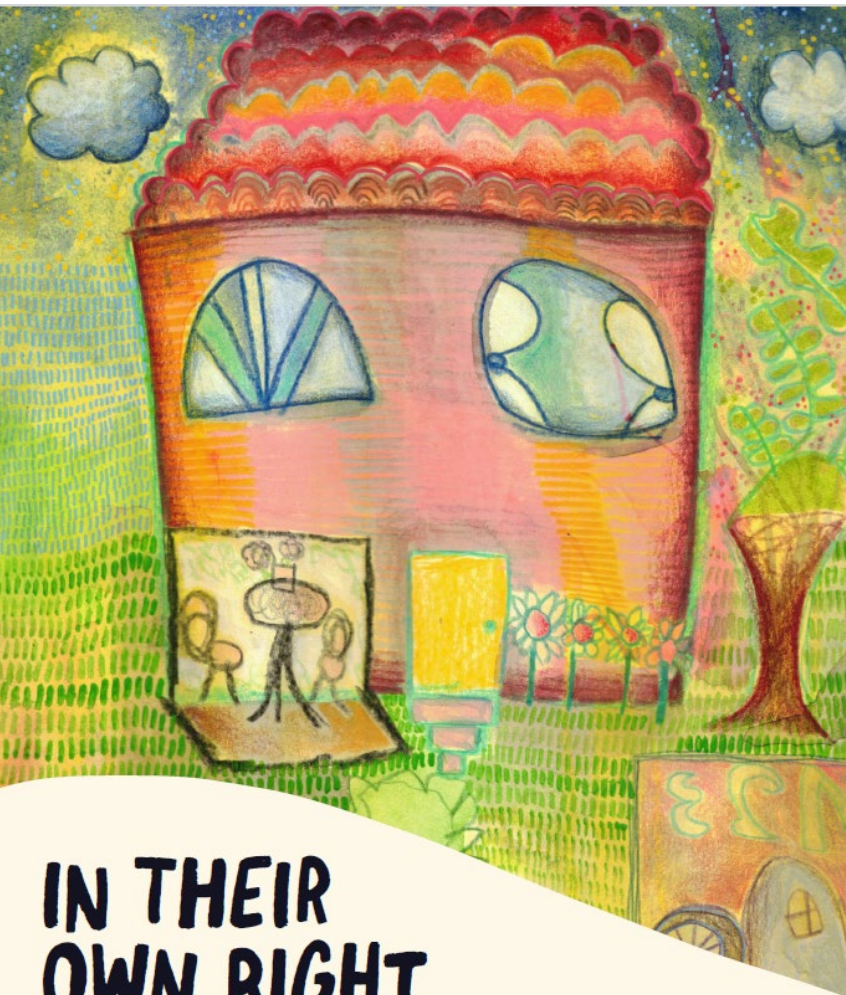
Co-Presenters:

Youna Kim (Deputy Director in Communication and Engagement, ANROWS)

Kirra (Youth Engagement Coordinator of Y-Change)

In Their Own Rights – ANROWS Evidence Synthesis

- More than 20 ANROWS research reports published from 2019 to 2024
- Over 130 policy and practice recommendations
- Thematic analysis and consultation with young victim-survivors and policy, practice and research stakeholders



IN THEIR OWN RIGHT

Actions to improve children and young people's safety from domestic, family and sexual violence



QR: In Their Own Right
Evidence Synthesis

In Their Own Rights – ANROWS Evidence Synthesis

ANROWS

Australia's National Research Organisation for Women's Safety. (2024). *The IVY Study: Towards an Australian response to the use of Intimate partner Violence by Young people*. ANROWS. Retrieved September 27, 2024, from <https://www.anrows.org.au/project/the-ivy-study/>

Cahill, H., Lusher, D., Farrelly, A., Calleja, N., Wang, P., & Hassani, A. (2023). *A social network analysis and implementation study of an intervention designed to advance social and emotional learning and respectful relationships in secondary schools* (Research report, 07/2023). ANROWS. <https://www.anrows.org.au/publication/respectful->

Campbell, E., Richter, J., Howard, J., & Cockburn, H. (2020). *The PIPA project: Positive interventions for perpetrators of adolescent violence in the home (AVITH)* (Research report, 04/2020). ANROWS. <https://www.>

Carlson, B., Day, M., & Farrelly, T. (2024). *What works? A qualitative exploration of Aboriginal and Torres Strait Islander healing programs that respond to family violence* (Research report, 02/2024). ANROWS.

Dyson, S., Frawley, P., & Robinson, S. (2017). *"Whatever it takes": Access for women with disabilities to domestic and domestic violence services: Final report* (ANROWS Horizons, 05/2017). ANROWS. <https://www.>

Fitz-Gibbon, K., Meyer, S., Boxall, H., Maher, J., & Roberts, S. (2022). *Adolescent family violence in Australia: A national study of service and support needs for young people who use family violence* (Research report, 18/2022). ANROWS. <https://www.anrows.>

Healey, L., Humphreys, C., Tsantefski, M., Heward-Belle, S., & Mandel, D. (2018). *Invisible practices: Intervention with fathers who use violence* (Research report, 04/2018). ANROWS. <https://www.anrows.>

Hegarty, K., McKenzie, M., McLindon, E., Addison, M., Valpied, J., Hameed, M., Kyei-Onanjiri, M., Baloch, S., Diemer, K., & Tarzia, L. (2022). *"I just felt like I was running around in a circle": Listening to the voices of victims and perpetrators to transform responses to intimate partner violence* (Research report, 22/2022). ANROWS. <https://www.anrows.>

Hooker, L., Toone, E., Wendt, S., Humphreys, C., & Taft, A. (2022). *RECOVER – Reconnecting mothers and children after family violence: The child-parent psychotherapy pilot* (Research report, 05/2022). ANROWS.

Humphreys, C., Kertesz, M., Parolini, A., Isobe, J., Heward-Belle, S., Tsantefski, M., Healey, L., O'Leary, P., Tan, W. W., Jeffreys, C., Bornemisza, A., Young, A., & Fogden, L. (2020). *Safe & Together Addressing ComplexitY for Children (STACY for Children)* (Research report, 22/2020). ANROWS. <https://www.anrows.org.au/publication/safe-together-addressing-complexity-for-children-stacy-for-children/>

Hooker, L., Toone, E., Wendt, S., Humphreys, C., & Taft, A. (2022). *RECOVER – Reconnecting mothers and children after family violence: The child-parent psychotherapy pilot* (Research report, 05/2022). ANROWS.

Humphreys, C., Kertesz, M., Parolini, A., Isobe, J., Heward-Belle, S., Tsantefski, M., Healey, L., O'Leary, P., Tan, W. W., Jeffreys, C., Bornemisza, A., Young, A., & Fogden, L. (2020). *Safe & Together Addressing ComplexitY for Children (STACY for Children)* (Research report, 22/2020). ANROWS. <https://www.anrows.org.au/publication/safe->

Hooker, L., Toone, E., Wendt, S., Humphreys, C., & Taft, A. (2022). *RECOVER – Reconnecting mothers and children after family violence: The child-parent psychotherapy pilot* (Research report, 05/2022). ANROWS.

Humphreys, C., Kertesz, M., Parolini, A., Isobe, J., Heward-Belle, S., Tsantefski, M., Healey, L., O'Leary, P., Tan, W. W., Jeffreys, C., Bornemisza, A., Young, A., & Fogden, L. (2020). *Safe & Together Addressing ComplexitY for Children (STACY for Children)* (Research report, 22/2020). ANROWS. <https://www.anrows.org.au/publication/safe->

Kaspiew, R., Horsfall, B., Qu, L., Nicholson, J. M., Humphreys, C., Diemer, K., Nguyen, C. D., Buchanan, F., Hooker, L., Taft, A., Westrupp, E. M., Cookin, A. R., Carson, R., & Dunstan, J. (2017). *Domestic and family violence and parenting: Mixed method insights into impact and support needs: Final report* (ANROWS Horizons, 04/2017). ANROWS. <https://>

In Their Own Rights – ANROWS Evidence Synthesis

ANROWS

Langton, M., Smith, K., Eastman, T., O'Neill, L., Cheesman, E., & Rose, M. (2020). Improving family violence legal and support services for Aboriginal and Torres Strait Islander women (Research report, 25/2020). ANROWS. <https://www.anrows.org.au/publication/improving-family->

Luu, B., Wright, A. C., Schurer, S., Metcalfe, L., Heward-Belle, S., Collings, S., & Barrett, E. (2024). *Analysis of linked longitudinal administrative data on child protection involvement for NSW families with domestic and family violence, alcohol and other drug issues and mental health issues* (Research report, 01/2024). ANROWS. <https://www.anrows.org>.

Maher, J. M., Spivakovsky, C., McCulloch, J., McGowan, J., Beavis, K., Lea, M., Cadwallader, J., & Sands, T. (2018). *Women, disability and violence: Barriers to accessing justice: Final report*. ANROWS. <https://www>.

Morgan, G., Butler, C., French, R., Creamer, T., Hillan, L., Ruggiero, E., Parsons, J., Prior, G., Idagi, L., Bruce, R., Twist, A., Gray, T., Hostalek, M., Gibson, J., Mitchell, B., Lea, T., Miller, C., Lemson, F., Bogdanek, S., ... Cahill, A. (2023b). *You can't pour from an empty cup: Strengthening our service and systems responses for Aboriginal and Torres Strait Islander children and young people who experience domestic and family violence* (Research report, 01/2023). ANROWS. <https://www.anrows>.

Octoman, O., Hawkes, M., Lima, F., O'Donnell, M., Orr, C., Arney, F., Moore, T., Robinson, S., valentine, k., Marshall, A., Burton, J., & Brebner, C. (2022). *The nature and extent of domestic and family violence exposure for children and young people with disability* (Research report, 16/2022). ANROWS. <https://www.anrows.org.au/publication/>

Ogilvie, J., Thomsen, L., Barton, J., Harris, D. A., Rynne, J., & O'Leary, P. (2022). *Adverse childhood experiences among youth who offend: Examining exposure to domestic and family violence for male youth who perpetrate sexual harm and violence* (Research report, 13/2022). ANROWS. <https://www.anrows.org.au/publication/adverse-childhood->

Orr, C., Sims, S., Fisher, C., O'Donnell, M., Preen, D., Glauert, R., Milroy, H., & Garwood, S. (2022). *Investigating the mental health of children exposed to domestic and family violence through the use of linked police and health records* (Research report, 10/2022). ANROWS. <http>

Quadara, A., O'Brien, W., Ball, O., Douglas, W., & Vu, L. (2020). *Good practice in delivering and evaluating interventions for young people with harmful sexual behaviours* (Research report, 18/2020). ANROWS.

Robinson, S., valentine, k., Newton, B. J., Smyth, C., & Parmenter, N. (2020). *Violence prevention and early intervention for mothers and children with disability: Building promising practice* (Research report, 16/2020). ANROWS. <https://www.anrows.org.au/publication/violence->

Sutherland, G., Rangi, M., King, T., Llewellyn, G., Kavanagh, A., & Vaughan, C. (2022). *A socio-ecological exploration of adolescent violence in the home and young people with disability: The perceptions of mothers and practitioners* (Research report, 19/2022). ANROWS. <https://>

Townsend, N., Loxton, D., Egan, N., Barnes, I., Byrnes, E., & Forder, P. (2022). *A life course approach to determining the prevalence and impact of sexual violence in Australia: Findings from the Australian Longitudinal Study on Women's Health* (Research report, 14/2022). ANROWS. <https://www.anrows.org.au/publication/a-life-course->

Wheildon, L., & Australia's National Research Organisation for Women's Safety. (2023). *Towards meaningful engagement: Key findings for survivor co-production of public policy on gender-based violence* (ANROWS Insights, 05/2023). ANROWS. <https://www.anrows>.

Wright, A. C., Metcalfe, L., Heward-Belle, S., Collings, S., & Barrett, E. (2021). *Critical interpretive synthesis: Child protection involvement for families with domestic and family violence, alcohol and other drug issues, and mental health issues* (Research report, 06/2021). ANROWS.

Four Principles for Reform

Every child's experience of violence is unique – our services should reflect that.

EMILY, THEY/THEM, A YOUNG VICTIM-SURVIVOR OF VIOLENCE

We have the right to receive age-appropriate services that support us as victims in our own right.

CONOR, HE/HIM, A YOUNG VICTIM-SURVIVOR OF FAMILY VIOLENCE

... children are not just passive victims but can also be agents of change in their own lives and within their families. Recognising their agency is key to empowering them to break the cycle of violence.

EMILY



Systems of oppression intersect to create compounding forms of discrimination

A rights-based approach upholds the dignity of all children and young people

A clear authorising environment enables child-centred reform and practice

Where there is violence, there is resistance



Eight Actions for Reform



My sense is that child maltreatment exists along a continuum. If this is the case, then why not adapt our systems to fit with this continuum?

FLORENCE

Everyone deserves the right to have a say in decisions that affect them.

EMILY

Recognise the profound and diverse impacts of domestic, family and sexual violence on children and young people

Centre the voices, strengths and needs of children and young people

Prioritise primary prevention centring children and young people's wellbeing and safety

Acknowledge and act on Aboriginal and Torres Strait Islander peoples' knowledge of what is best for their children

Design and deliver holistic child-centred systems, policies and supports

Collaborate across systems to respond holistically to children and young people's needs

Invest in skill development in trauma- and DFSV-informed care across systems and services

Share knowledge across services working with disability; domestic, family and sexual violence; and children and young people



In Our Own Right

Research projects & advisory groups

Children's voices for change

In relational conversations

THE ICEBERG MODEL

Use this tool to help you think more systemically!



EVENTS

What is happening?

Visible

PATTERNS OF BEHAVIOR

What trends are there over time?

Increasing Leverage

SYSTEMS STRUCTURE

How are the parts related?

What influences the patterns?

MENTAL MODELS

What values, assumptions, + beliefs shape the system?

Invisible

[illegible]

© 2004 Blackwell Publishing Ltd

IN OUR OWN RIGHT

CHILDREN & YOUNG PEOPLE'S EXPERIENCE OF THE FAMILY VIOLENCE SYSTEM

I DON'T GET TO MAKE ANY DECISIONS.

TILLY SHOULD TELL ME ANYTHING.

I DON'T FEEL GOOD ABOUT MYSELF BECAUSE I'M NOT TALKING.

BECAUSE SHE'S A COMEY WOMAN THAT'S NOT GOOD.

I AM MEANT TO BE TALKING TO HER.

I DON'T WANT TO BE UPSET ABOUT IT.

I FEEL LIKE I'M BEING HIT.

I FEEL LIKE I'M BEING THREATENED.

I FEEL LIKE I'M BEING SCARED.

I FEEL LIKE I'M BEING TOLD TO STOP.

I FEEL LIKE I'M BEING TOLD TO GO.

I FEEL LIKE I'M BEING TOLD TO STAY.

I FEEL LIKE I'M BEING TOLD TO LOVE.

I FEEL LIKE I'M BEING TOLD TO HATE.

I FEEL LIKE I'M BEING TOLD TO BE.

I FEEL LIKE I'M BEING TOLD TO FEEL.

I FEEL LIKE I'M BEING TOLD TO THINK.

I FEEL LIKE I'M BEING TOLD TO ACT.

HELP PARENTS COME SOMETHING WITH SERIOUS IN IT STOP SAYING I'M NOT BEING HURT TO DO SOMETHING!

KEEP YOUR MOUTH SHUTTED THAT'S MY AND MY MUM I NEED A PROBLEM AND...

RESOURCES I HELP NAVIGATING THE SYSTEM

WHEN I HOME I FEEL SAFE IN

UNING OTHER PEOPLE TO RELATE TO

I TRY TO SEND SOME OF MY FRIENDS BUT THEY GETTING SHOWN UP

THEY DIDN'T LOVE ABOUT ME

EVERYONE WAS TRYING TO HELP ME

IT WASN'T ME TO DO THINGS LIKE TO MAKE THEM LIKE ME AND MY MUM AND MY MUM

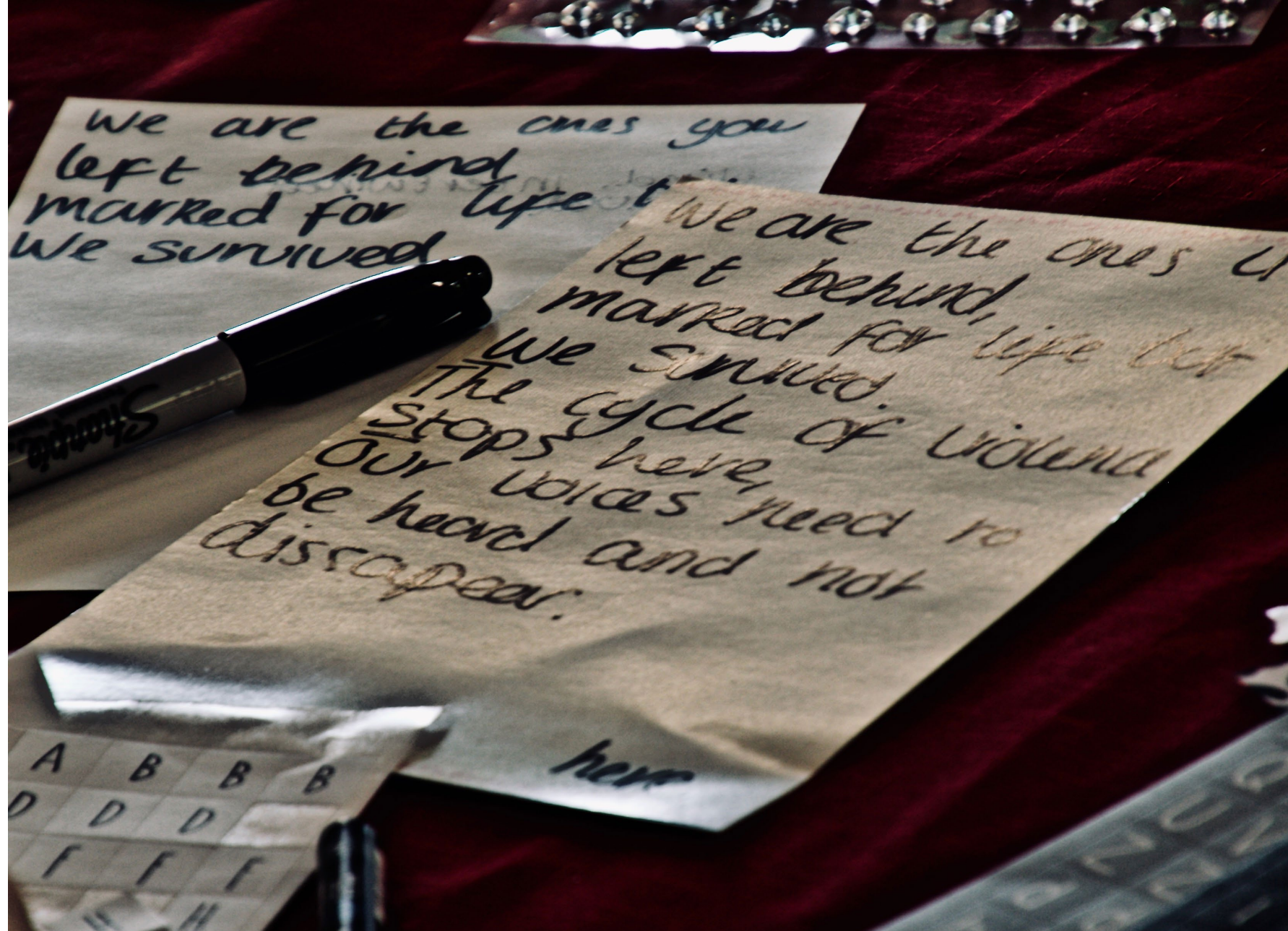
IT WASN'T ME TO DO THINGS LIKE TO MAKE THEM LIKE ME AND MY MUM AND MY MUM

[illegible]

BERRY STREET Y-CHANGE

1. *How does the author use the word "familiar" in the first paragraph?*





Further Information

Follow us on LinkedIn



Subscribe to ANROWS newsletter



Follow us on Instagram



Contact us

- Youna Kim (Deputy Director in Communication and Engagement, ANROWS) – youna.kim@anrows.org.au
- Kirra (Youth Engagement Coordinator, Y-Change at Berry St) - kahorley@berrystreet.org.au