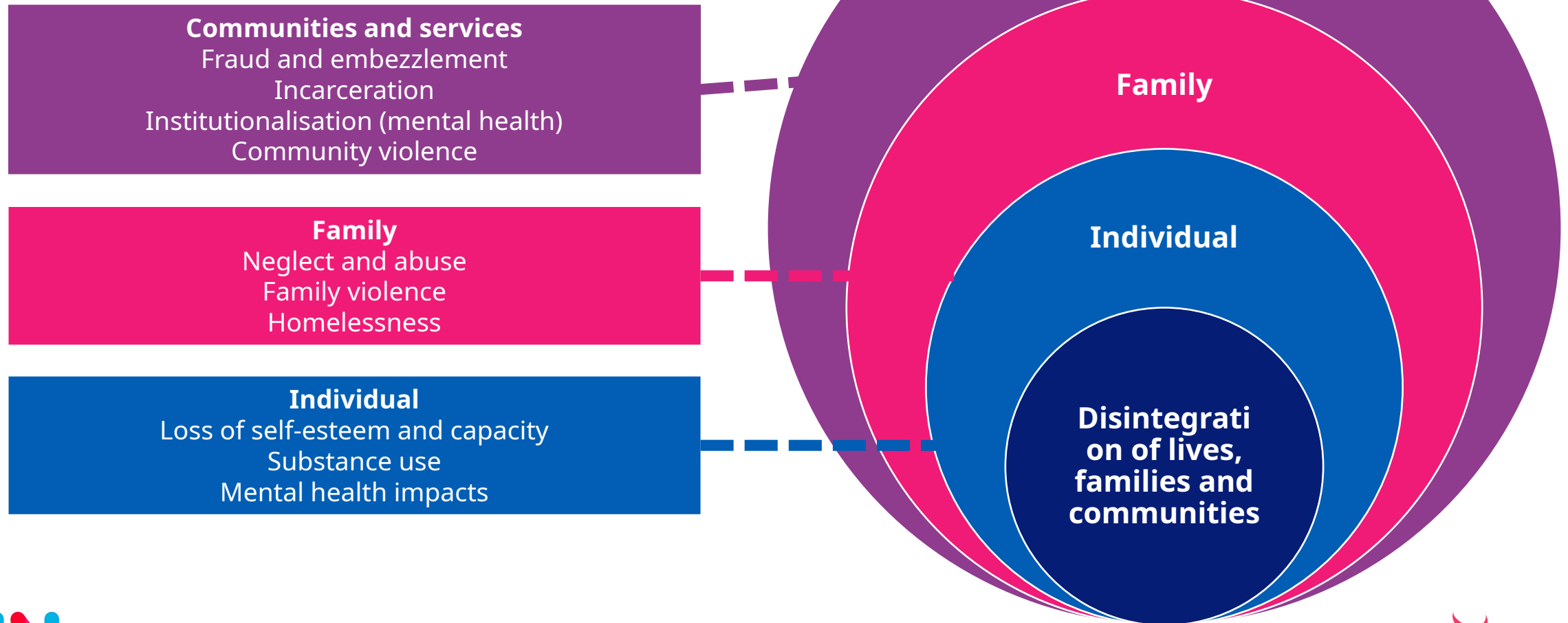


Disintegrating Families:

Financial Counsellors as Catalysts for Recovery from Gambling Harm

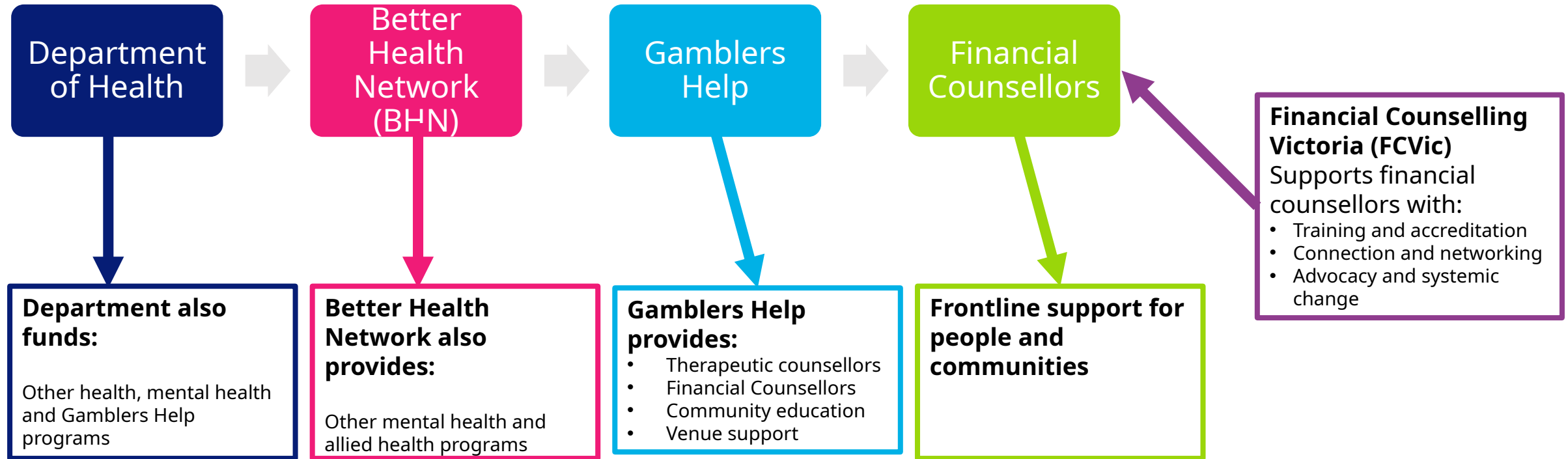
*Pam Mutton & Vaishali Kedar
Gamblers Help Southern, Better Health Network
Slides design: Amanda Chan, FCVic*

Gambling harm ripples outward

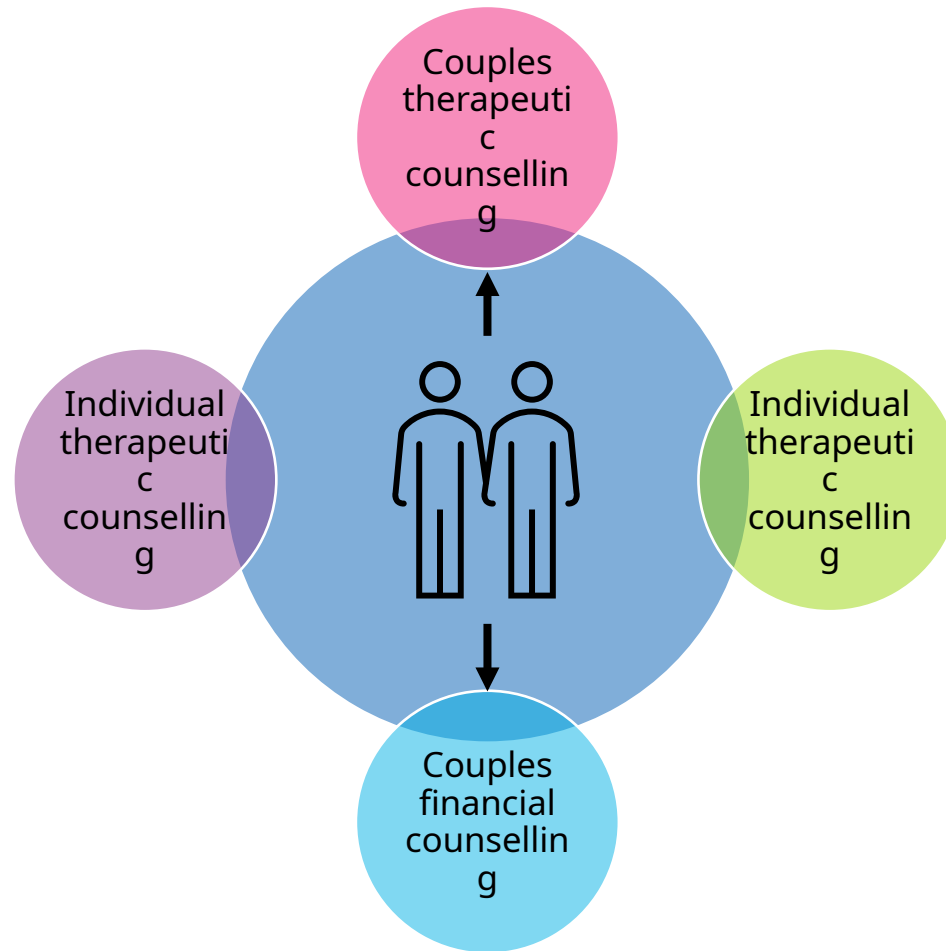




Gamblers Help, BHN & FCVic



Gamblers Help Therapy Model for Couples



Forms of Gambling

Electronic Gaming Machines (EGMs/Pokies)

Online Poker Machines

Share Trading

Keno/TAB and the like

Bingo

Sports Betting

Casino games

Lottery tickets

Scams

Foreign currency speculation

Scambling

Trading platforms

Cryptocurrency

Video Games

What, Why & How?

01

What is
gambling
?

02

Why do
we
gamble?

03

How does
it really
affect us?

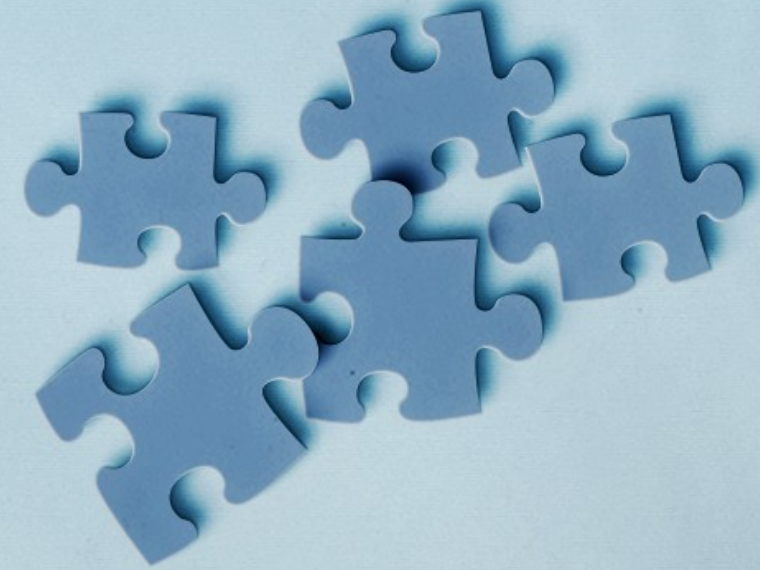
Not quite all there

Gambling directly affects the Prefrontal Cortex

The Prefrontal Cortex is the brain's executive centre, responsible for cognitive control, emotional regulation, and decision-making.

The Diagnostic and Statistical Manual of Mental Disorders (DSM-5-TR)

categorises mental illnesses based on observable symptoms, which fundamentally arise from the dysfunction, miswiring, or delayed maturation of this critical brain region.



Gambling and advertising

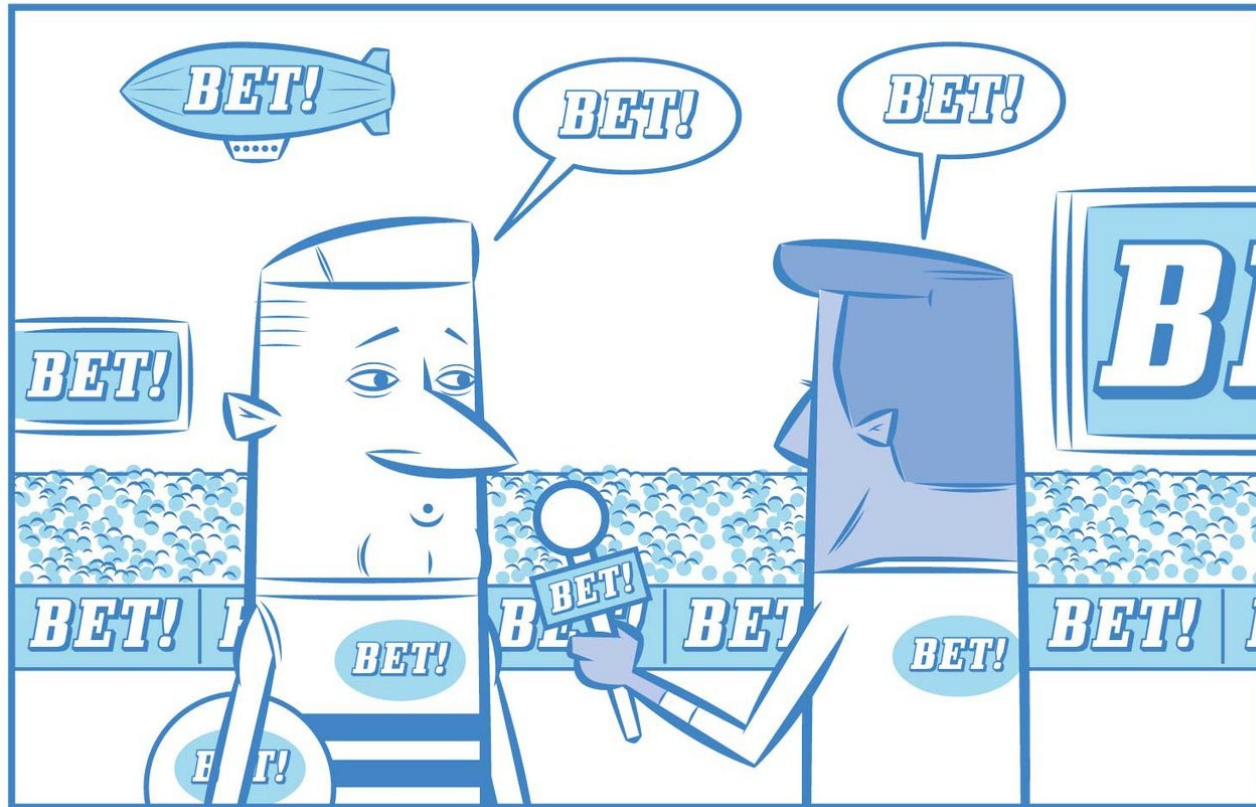


Image from Victorian Responsible Gambling Foundation

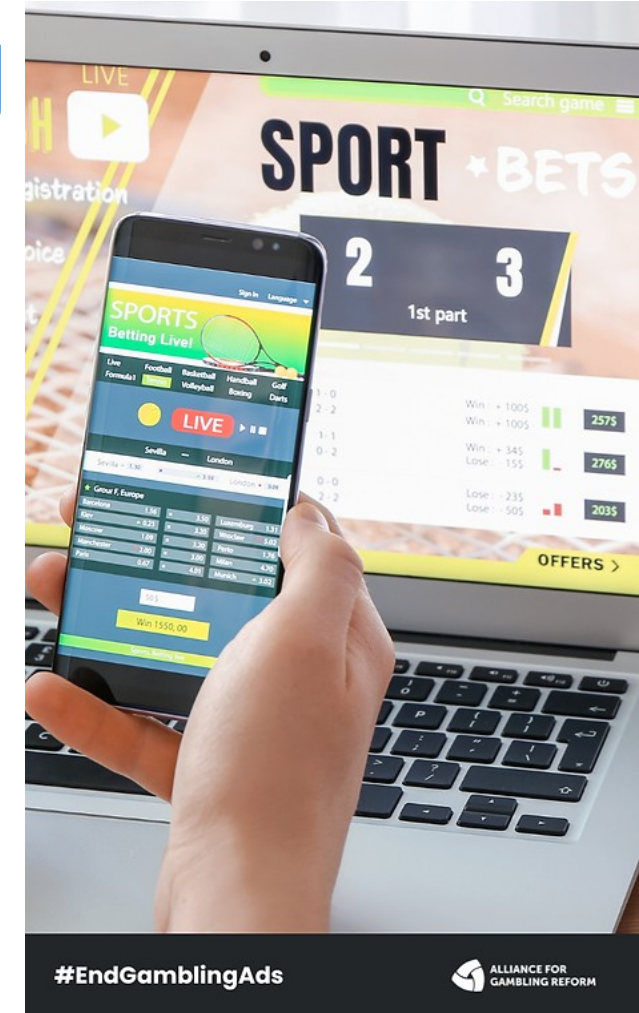


Image from Alliance for Gambling Reform

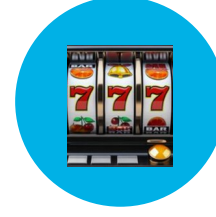
Gambling by the numbers



About 2% suffer from severe gambling harm and about 15% suffer from mild-moderate gambling harm



\$36 billion is lost every year by Australians
36,000,000,000



Australia has less than 1% of the world's population but 18% of the world's poker machines



40% of people who struggle with gambling also have a diagnosed mental health condition like anxiety or depression



In 2023-24, the largest 5 online betting companies made \$5.4 billion but paid only 107 million (2% of total revenue) in tax



Australia 'boasts' of the highest per capita gambling loss in the world \$1500 per person

Understanding the problem and facilitating access to support

1. AHA 2. CCV 3. BETSTOP 4. GAMBAN SELF-EXCLUSION	1. Understanding support 2. Financial Management 3. Forgiveness 4. Inclusive activities 5. And much more.. FAMILY	1. Gamblers Anonymous 2. Other support groups COMMUNITY	1. Gambling blocks 2. Limiting Daily Cash 3. Other Products BANKS	1. Responsible lending 2. Hardship support CREDITORS	1. Therapeutic Counselling 2. Financial Counselling GAMBLERS HELP
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Life is possible beyond gambling

