



EPIC-ND

SUPPORTING FAMILIES OF CHILDREN
WITH A NEURODISABILITY
WITH EVERYDAY THINGS IN LIFE

Equity Pathways & Integrated Care for families of children with Cerebral Palsy (CP) / Neurodisability (ND)

Phase 1: Formative Design

To co-design a novel social prescribing program to help address the unmet social needs experienced by families of children with CP.

<https://doi.org/10.1136/bmjpo-2025-003847>



Phase 2: Pilot Trial

A pilot randomised controlled trial to evaluate the feasibility & acceptability of the co-designed program, and inform future directions.

<https://doi.org/10.1136/bmjopen-2023-076304>



Phase 3: Large-scale Effectiveness Trial

A large-scale multi-site randomised controlled trial to evaluate the effectiveness of the co-designed program to address the USNs of children with neurodisability and their parents/carers, its cost-effectiveness and cost-utility, and implementation and translation across the healthcare system.

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