

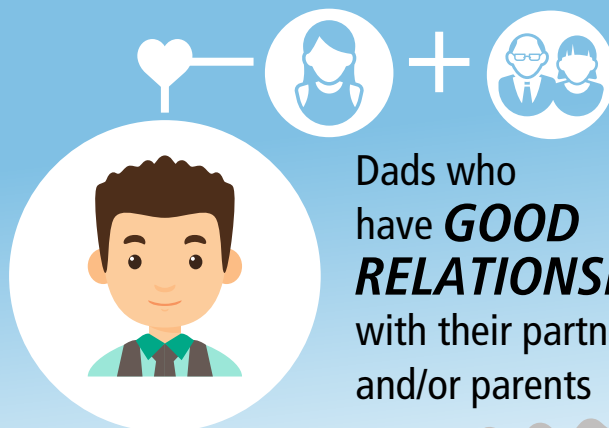
# HANDS-ON DADS

have more satisfying relationships with their children

## MORE SATISFIED



Dads who spend **MORE** time caring for young children

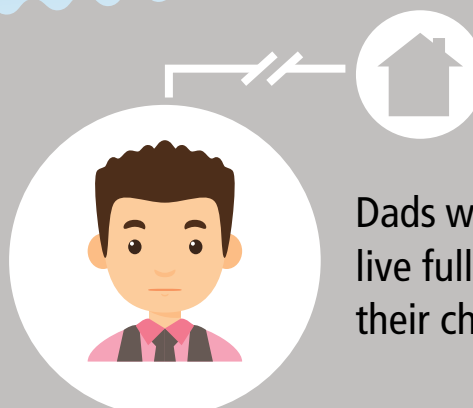


Dads who have **GOOD RELATIONSHIPS** with their partner and/or parents

## LESS SATISFIED



Dads who spend **LESS** time with their children



Dads who **DON'T** live full-time with their children

- Australian fathers who spend more time on child care are the most satisfied with their relationships with their children
- When fathers are more satisfied with the relationship they have with their partner or their parents, they are considerably more satisfied with the bonds they have with their kids
- Fathers with children under 15 years old spend an average of 13 hours a week on child care (much less than mothers who spend an average of 28 hours)
- Fathers of pre-schoolers who are completely satisfied with their relationship with their children spend an average of 18 hours per week caring for their children. The least satisfied dads with the same-aged children spent an average of 10 hours per week caring for them
- Overall, fathers tend to be most satisfied with the relationship with their children when they are younger, before the youngest enters the teen years
- When children live at least part of the time in another house due to parents' separation, fathers spend less time on child care – those fathers are also less satisfied with their relationship with their children
- Fathers with more children spend less time on general child care such as playing with children, helping with their personal care, coaching or taking them to school
- Having more children equates to fathers putting more time into housework than hands-on child care

Compiled by Dr Jenny Baxter, Australian Institute of Family Studies, drawing on data from the Household Income and Labour Dynamics (HILDA) survey.

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